Self-construals, symbolic and hedonic preferences, and actual purchase behavior

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A B S T R A C T

The study explores the influence of the independent and interdependent self-construals on actual purchase behavior and the mediating role of consumer preferences for symbolic and hedonic meanings. Data were collected through a survey of about 1000 respondents. Results indicate that independent consumers draw on the self/hedonic- and status-symbolic resources of clothing in the construction and expression of their identities. Regarding the interdependent consumers, they show no interest in clothing affiliation and status symbolism. The degree of preference for status-symbolic meaning mediates all effects of the independent and interdependent self-construals on actual purchase behavior; self-expressive/hedonic preferences mediate two of the three effects of the independent self on actual purchase behavior when accounting for suppression effects, whereas the expected mediation of preference for affiliation meaning is not supported.

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1. Introduction

The independent and interdependent self-construals are central aspects of one's self-definition, which have significant bearing on human cognition, emotion, motivation and individual experiences (Markus and Kitayama, 1991). As such, these influences are likely to extend to the consumption sphere. More recently, consumer research has examined such issues as the interactions between one's dominant independent or interdependent self-construal and advertising appeal types (i.e. individualist or collectivist), and their influence on brand attitudes (e.g. Aaker and Schmitt, 2001), brand evaluations (Agrawal and Maheswaran, 2005), and attitude toward the ad (Wang and Mowen, 1997). The concept of the self occupies a prominent place in the symbolic consumption literature, according to which people draw from the symbolic resources of goods to construct, express, and enhance their identity (Elliott, 1997). However, many of the existing studies in this particular strand of research conceptualize the self as an all encompassing entity, whereas its constituent parts are often overlooked, thus obscuring the relationships between salient aspects of the self and one's possessions (Kleine et al., 1993). Given the importance of one's independent or interdependent tendencies in their self-definition and the central role of symbolic and hedonic considerations in contemporary consumers' choices, studying the effects of the former on individual preferences for self- and social-symbolic meanings of consumption artifacts is particularly worthwhile. What is more, independent individuals' emphasis on uniqueness and autonomy tends to be more consistent with greater attentiveness to the self-symbolic meaning of clothing artifacts, whereas interdependent individuals' emphasis on acceptance and fitting in is more consistent with a stronger preference for clothing affiliation symbolism. While support for these ideas has been found (Lee and Kacen, 2000), the theoretical explanations regarding the possible effects of the independent and interdependent self-construals on status consumption are contradictory, and so are the findings of the limited research conducted to-date (see Millan and Reynolds, 2011; Kastanakis and Balabanis, 2012). In addition, according to Lee and Kacen's (2000) findings, interdependent individuals may also be motivated by uniqueness reasons in their purchase behavior. As this is a single study reporting such an unexpected relationship, its validity needs to be further examined. What is more, if this finding were not due to chance, given that expression of distinct self-attributes runs counter to the collectivist ethos, why would interdependent consumers be willing to engage in such behavior? This question is yet to be answered.

Another interesting issue that remains largely unexplored is whether, how, and to what extent the independent/interdependent...
self-construals affect actual purchase behavior. Do behavioral outcomes such as frequency of visits to clothing shops to see the new arrivals and money spent on clothing change if an independent or interdependent self-construal is more dominant? In view of the centrality of the independent or interdependent self-construal in one’s self-definition and their motivational power, this question needs to be clearly answered. In addition, are the effects of these more general self-construals likely to be mediated by specific consumer-related preferences for self and/or social-symbolic meanings of clothing? An exploration of the simultaneous interactions among the independent/interdependent self-construals, product/brand meanings’ preferences, and actual purchase behavior will advance our understanding of the mechanisms through which these important self-construals affect people’s behavior in the marketplace, and thus will be of considerable value to both researchers and marketers. The high potential of this dual self-construal for marketing practice is indicated by its significant bearing on consumer attitudes toward brands and the persuasiveness of advertising appeals (e.g. Aaker and Schmitt, 2001), as well as its ability to identify viable consumer segments (Millan and Reynolds, 2011).

As apparent from the above discussion, the present study explores the effects of the independent and interdependent self-construals in the context of clothing purchase behavior. The clothing product category was chosen because of its particular relevance to the self-concept and the symbolic/hedonic aspects of consumption. Due to their value-expressive and image-enhancing capacities, clothing artifacts are often used to construct, express and enhance one’s self-concept. Additionally, people are often judged by others on the basis of their appearance and their attire in particular (e.g. Howlett et al., 2013).

To sum up, this study pursues the following objectives: first, to develop a conceptual model of the effects of the independent and interdependent self-construals on actual purchase behavior (i.e. frequency of clothing shops’ visits to check for new arrivals, frequency of clothing purchases, and amount of money spent on clothing) and to test its validity with a nationally representative sample drawn in the Czech Republic; and second, to establish the mediating role of consumer preferences for self-expressive/hedonic and status meanings of clothing artifacts on some of these relationships. By addressing these issues, this study advances our understanding of the psychological processes underlying consumer decisions and actual purchase behavior regarding clothing artifacts. It also develops further the framework within which symbolic and hedonic consumption has been studied to date by considering, for the first time, both the direct and the mediated effects of two distinct yet central aspects of the self. The study’s findings can also be of value to a broader range of publicly consumed value-expressive product categories, such as mobile phones, watches, footwear and accessories. A further contribution to marketing science is related to the location in which the present study was conducted. Specifically, by testing the proposed conceptual model in the Czech Republic, a former socialist country which embarked on market reforms in 1989, the usefulness and generalizability of the theories on which the model is based to other national and cultural settings can be established. Last but not least, a number of managerial and research implications are drawn from the study’s findings.

2. Theoretical framework

2.1. Independent and interdependent self-construals

The independent self-construal is a distinctive configuration of inner traits, thoughts and feelings that regulate individual behavior and underlie individual strivings toward the fulfillment of self-centered tasks, such as assertion, expression and actualization of one’s unique self, and promotion of own goals. The independent self-construal emphasizes the individual’s motives, goals, attitudes, inner feelings, and behaviors. It is bounded, unitary, stable, autonomous, self-determined, individualist, egocentric, self-contained, separate, and largely detached from the social context in which it occurs (Markus and Kitayama, 1991). This relatively stable configuration of attributes and traits finds expression in behavior, which tends to be consistent across different situations (De Mool, 2010). Self-esteem derives mainly from one’s ability to express self and validate internal attributes, as well as from the assessment of self-directed accomplishments (see Kwan et al., 1997).

In contrast, the interdependent self-construal has been defined as “seeing oneself as part of an encompassing relationship and recognizing that one’s behavior is determined, contingent on and, to a large extent, organized by what the actor perceives to be the thoughts, feelings, and actions of others in the relationship” (Markus and Kitayama, 1991, p. 227). People with a strong interdependent self-construal emphasize social roles and relationships, belonging and fitting to the in-group (e.g. extended family, friends, and neighbors), occupying one’s proper place and engaging in appropriate behavior (Markus and Kitayama, 1991; Singelis, 1994). The interdependent self-construal is intimately related to its social environment, is dependent on others, and is highly responsive to contextual influences (Singelis and Brown, 1995). By attending and adjusting behavioral responses to contextual clues, the interdependents gain approval and maintain harmonious relationships (Aaker, 1999), which form the basis of their positive self-regard (Markus and Kitayama, 1991).

A person’s identity accommodates two contradictory tendencies of interdependence and independence (Brewer and Gardner, 1996). The strength and manifestation of one’s independent or interdependent self is a consequence of the particularities of the cultural environment (e.g. homogeneous or heterogeneous cultures), one’s cultural background, and specific situational factors (Traffimow et al., 1991; Triandis, 1993). In general, self-views developed in individualistic cultural systems, which emphasize individual-centered values such as achievement of personal success, self-direction, hedonism, and stimulation (Schwartz and Bardi, 2001), tend to be more independent, and this self-construal becomes chronically accessible. Conversely, for individuals brought up in collectivist societies, which emphasize group-centered values such as a sense of belonging, harmony and solidarity with others, respect to parents, elders and superiors, obedience, respect for traditions, moderation, thrift, and modesty (see Chinese Culture Connection, 1987; Schwartz, 1994), it is the interdependent self that becomes chronically accessible (Singelis et al., 1999).

2.2. Symbolic and hedonic consumption

Symbolic consumption is the acquisition of products and brands not for their functional benefits but for the culturally shared and idiosyncratic meanings they convey to others and the society. Thus, it is an act of communication between the consumer and other members of a society, as well as between the consumer and his/her self (Noth, 1988). Consumption products act as signs that represent something beyond their tangible attributes through interpretation or emotion (Csikszentmihalyi and Rochberg-Halton, 1981). In today’s marketplace most brands, even low-involvement ones, are promoted with image-oriented promotional messages. Social exchanges, cultural practices, and marketers’ activities mold and reinforce the public meanings of goods (Richins, 1994a). Consumers use these consumption symbols creatively in constructing individual meanings pertinent to their identities, life circumstances and aspirations (Elliott and Wattanasuwan, 1998). Diverse meanings can be ascribed to consumption objects. Csikszentmihalyi and Rochberg-Halton (1981, p. 27) argue that
objects are signs of the qualities of the self, of one’s ways of being, feeling, and living. Objects as signifiers of our identities perform three functions: first, they reflect and create our sense of self; second, they are signs of individual power and status; and third, they can stand for social integration and individual differentiation. Drawing on previous studies and her own research, Richins (1994b) identifies four categories of product meanings: utilitarian, enjoyment, presentations of interpersonal ties, and identity and self-expression. Utilitarian meaning relates to products’ usefulness derived from their tangible attributes (e.g. Sheth et al., 1991). Enjoyment is associated with products’ capacities to evoke pleasurable experiences during consumption, such as “fun, amusement, fantasy, arousal, sensory stimulation, and enjoyment” (Holbrook and Hirschman, 1982, p. 135), and esthetic contemplation and gratification (e.g. Kleine et al., 1995). Products also symbolize social relationships such as those with loved ones (e.g. Hirschman and LaBarbera, 1990; Noble and Walker, 1997). One’s self-concept may be defined through affiliation with important others by emulation of the consumption patterns and lifestyles of membership or aspirational groups (e.g. Kleine et al., 1995). In addition, possessions function as symbols of one’s position in the societal hierarchy (e.g. Carr and Vignoles, 2011). Furthermore, consumption objects signifying status and prestige have the potential to empower and enhance one’s self-concept (Dubois and Duquesne, 1993). As vehicles for self-expression, possessions symbolize unique personal qualities and value systems, as well as reflect personal history (Dittmar, 1992, p. 89). As contributors to and reflection of our identities, our possessions become incorporated into our self-concepts (Belk, 1988).

Clothing artifacts can convey a constellation of meanings to both the owners and the observers, some of which may be widely shared, while others may be idiosyncratic, pertinent only to the wearer’s identity. Previous studies have shown that clothing artifacts are a potent means for constructing and expressing the wearer’s identity. Previous studies have shown that clothing shared, while others may be idiosyncratic, pertinent only to the wearer’s identity. This sensory input coupled with others’ reactions to our appearance has a significant bearing on our emotional states (see Banim et al., 2001). Clothing symbolism is also used to nurture affiliation with and fitting in social groups (e.g. Piacentini and Maier, 2004), to demarcate class and status boundaries and to facilitate upward social mobility (Crane, 2000; Veblen, 1899).

2.3. Hypotheses

The conceptual model with the study hypotheses is presented in Fig. 1. The discussion below leading to the development of the first two hypotheses is based on the recent arguments of mediation effects (e.g. Hayes, 2009; Zhao et al., 2010; Rucker et al., 2011), according to which a significant indirect effect \( a \times b \) established by a bootstrap test is sufficient to demonstrate mediation. Building on a critical appraisal of Baron and Kenny’s (1986) frequently used treatment of mediation analysis, the adopted in our study mediation approach offers new insights for advancing theory development and testing. The effects of the gender covariate, the direct effects of the independent and interdependent self-construals, as well as the effects of preference for affiliation symbolism on frequency of clothing shops’ visits to see the new arrivals, frequency of clothing purchases, and money spent on clothing, are also estimated in the structural equation model. For clarity of presentation, they are not shown in the figure.

2.3.1. Independent self-construal, preference for self-expressive and hedonic meanings, and actual purchase behavior

This study hypothesizes that the independent self-construal will have a positive effect on preference for the self-expressive and hedonic meanings of clothing, which in turn will result in a higher frequency of clothing shops’ visits and of purchases, as well as in more money spent on clothing artifacts. The rationale for these relationships comes mainly from Markus and Kitayama’s (1991) self-construal theory. As discussed above, independent individuals highly value their uniqueness, which underlies their motivation to demonstrate their difference from others (Aaker and Lee, 2001). Behaving differently from others engenders positive feelings in such individuals, who maintain a positive self-regard by performing tasks associated with the expression of unique inner attributes (Markus and Kitayama, 1991). These tendencies are reinforced in contemporary Western societies, in which expressions of independence, uniqueness and self-determination, including those achieved through individual consumption practices, are highly valued (Aaker and Schmitt, 2001).

In addition, according to the self-image/product-image congruity theory (Sirgy, 1982), consumers particularly value those products and brands the image attributes of which are congruent with their own self-image. In other words, the product or brand is used as a symbolic resource for self-expression. A person’s self-concept generally comprises positive personality traits, and their expression elicits positive feelings (e.g. pleasure or pride), whereas inability for self-expression brings about negative affect (e.g. disappointment or dissatisfaction) (Aaker, 1999). Given the positivity of independents’ self-views and their motivation to express individuality and difference, they are likely to use products and brands to present a unique self-image to others. Indeed, in a qualitative inquiry, Thompson and Haytko (1997) find that fashion discourses are used to construct and preserve a sense of distinctive personal identity through the uniqueness of consumption choices. Similarly, Lee and Kacen (2000) report positive associations of a person’s independent self-construal with purchase reasons related to unique features/styling for both impulse and planned purchases.

The self-expressive process involves not only self-schema traits, but also self-focused emotions. Markus and Kitayama (1991) argue that independent individuals attend more to their inner feelings and act upon them to a greater extent than interdependent individuals. In line with this logic, Oishi et al. (1998) report that stimulation is among the value priorities of individuals with dominant independent self-construals. In addition, the self-regulatory focus of independent individuals is on approaching pleasure rather than avoiding pain (Aaker and Lee, 2001). Evidence suggests that these notions apply also to the consumption sphere (e.g. Dutta-Bergman and Wells, 2002). From a sociological standpoint, given that the independent self is largely detached from the social context, extended family and other stable social networks, independents may be lonely at times, at best, or isolated at worst. The self-reliant, autonomous independent individual typically lacks the emotional and other support from close-knit communities. By contrast, interdependent individuals provide emotional, financial, and other support to group members—there is a strong sense of camaraderie, loyalty, support, and joint responsibility for protecting group members and their well-being. Hedonic consumption can be, and is often, used to regulate individual emotional states. What is more, it is within easy reach. Thus, consumers with a dominant independent self-construal may show a stronger preference for goods that can engender sensory stimulation and emotional gratification.

Regarding the relationship between preference for self-expressive symbolism and actual purchase behavior, it is hypothesized here that such preference will result in more frequent visits to clothing shops to see whether they have received something new, more frequent purchases of clothes for oneself, and more money spent on clothing. The construction and expression of the project of the self is a lasting process (Giddens, 1992), involving
continual use of new and varied symbolic resources preferably possessed by just a handful of consumers. Hence, a wardrobe with more and varied clothing items may be needed to fulfill the self-expressive goal. In line with this notion, an emphasis on uniqueness and self-expression is reported to drive variety-seeking tendencies (Kim and Drolet, 2003) and stronger desires for high-status meanings; frequency of visits to clothing shops; and frequency of clothing purchases and money spent on clothing.

Fig. 1. Conceptual framework of the relationships among the independent and interdependent self-construals, consumer preferences for clothing's symbolic and hedonic meanings, and actual purchase behavior. Note: For clarity of presentation, the following covariances are not included in the figure: preferences for self-expressive/hedonic and status meanings; frequency of shops' visits and clothing purchases; and frequency of clothing purchases and money spent on clothing.

2.3.2. Independent/interdependent self-construals, preference for status meaning, and actual purchase behavior

As argued above, independent individuals place a high value on being unique and different from others. The expression of this individuality can be achieved through, for example, the consumption of expensive and/or scarce luxury goods, which many others may not be able to afford (Tepper and Hoyle, 1996). Mason (1992) argues that the need for distinctiveness is one of the motivating factors for status consumption. In addition, independent individuals tend to be guided in their lives by ambition and personal achievement (see Schwartz, 1994). Personal success is not only a source of self-esteem for independents, it is also an important means of gaining higher status and thus further freedom and independence (see Clark et al., 2007). Thus, those with dominant independent self-constituted are likely to be more concerned with their status in society. Consistent with this logic, evidence suggests that higher-status individuals tend to have stronger independent selves, whereas lower-status individuals are more cooperative and communal (e.g. Lee and Tiedens, 2001). Thus, the independent self-construal is likely to be positively related to preference for clothing status symbolism. This notion is supported by Clark et al. (2007) and Millan and Reynolds (2011), although it is at odds with Kastanakis and Balabanis’ (2012) finding of a negative effect of the independent self-construal on status consumption.

It is also anticipated here that consumers who prefer up-market attire will be more active shoppers. More frequent visits to clothing shops are likely to be motivated by a drive to keep updated about the new arrivals and latest fashion trends. Latest fashions can confer status and prestige to their wearers due to their newness, uniqueness, and high price tags. Their ownership also conveys a message about the wardrobes nearly every fashion season. It has been argued that social status is often the main motivator for, and the sole benefit of, the early adoption of new clothing fashions (Briley, 2009; Rogers, 2003). Besides, the novelty of owned clothes wears out with every public appearance. What is more, as mentioned above, nowadays new clothing fashions are introduced more often than ever before. As a result, a stronger preference for clothing status symbolism may result in more frequent clothing purchases. Also, an inherent characteristic of status clothing brands is their premium pricing. Indeed, higher prices of socially visible brands

H1. The effect of the independent self-construal on (a) frequency of visits to clothing shops to see the new arrivals, (b) frequency of clothing purchases, and (c) money spent on clothing will be mediated by preference for self-expressive/hedonic meanings of clothing.
typically result into more status buying (Chao and Schor, 1998). Thus, consumers' interest in clothing status symbolism is likely to translate into more money spent on clothing. Therefore, the following hypothesis is proposed:

H2. The effect of the independent self-construal on (a) frequency of visits to clothing shops to see the new arrivals, (b) frequency of clothing purchases, and (c) money spent on clothing will be mediated by preference for status meaning of clothing.

Theoretical postulates and empirical evidence are ambiguous regarding the interaction between the interdependent self-construal and status consumption. As argued above, interdependent individuals derive self-esteem from harmonious and fulfilling relationships. Actions that disrupt social harmony tend to be avoided. An individual's striving for status has the potential to challenge harmony and solidarity of in-group relationships. As Layard (1980, p. 738) states, "If status is defined by rank order, the pursuit of status is a zero-sum game – one man's gain in rank is another man's loss." What is more, possession of status markers may suggest that the individual has or is seeking a different position relative to the other in-group members, and this may result in group disapproval and rejection. Another argument relates to the values endorsed by interdependent individuals, such as thrift, frugality, modesty, humility, non-competitiveness, and 'following the middle way' (see Gao, 1996; Oishi et al., 1998).

Status consumption is clearly not compatible with such values. For the interdependent individual, choosing a piece of clothing that everybody else wears may not be a sign of social dishonor, but a marker of wisdom and collectivist ethos, a way of aligning oneself with important others (Dutton, 1998, p. 275). These values may be further reinforced by deeply entrenched culturally conditioned habits of utilitarian consumption (Lim and Ang, 2008). Furthermore, expenditures on status goods to fulfill individual status strivings can diminish the household budget allocated to the achievement of in-group goals (Lee, 2000). Such behavior runs against the collectivist philosophy. Therefore, in general those with stronger interdependent self-views may lack or have a negative interest in status consumption. Consistent with this logic, Millan and Reynolds (2011) find no relationship between the interdependent self-construal and preference for clothing status symbolism.

Contrary to the above thesis, commercial statistics show that Japan and China—two collectivist cultures—rank very highly in their spending on luxury goods (Schwarz and Wong, 2006). The growth of the aspirational consumer segment (especially in emerging Asian markets) and evolving values and consumption goals prompted by rapid economic change and growing affluence, are among the main drivers of luxury consumption (Wong and Ahuvia, 1998). According to a relatively recent study (Microsoft, 2009), Asian consumers primarily seek status followed by quality benefits from up-market brands, whereas they place no importance on exclusivity or indulgence. A need to bond with family and friends (Schwarz and Wong, 2006) and social pressures to conform to others' expectations to preserve one's 'face' (Wong and Ahuvia, 1998) seem to accelerate luxury purchases in this region. Given these controversies, a directional hypothesis cannot be advanced regarding the effect of the interdependent self-construal on preference for clothing status symbolism, nor about the possible mediating role of the latter construct on actual purchase behavior.

2.3.3. Interdependent self-construal and preference for affiliation meaning

The above discussion indicates that interdependent individuals are intimately connected to their social context. Relationships and important social groups shape their thoughts, feelings and behavioral responses, and they derive much of their self-esteem from establishing fulfilling harmonious relationships with close others (Markus and Kitayama, 1991). The influence of self-defining others is likely to be transferred to the consumption sphere. Indeed, some consumer studies report that advertising appeals emphasizing in-group (e.g. family, friends) benefits are more persuasive and tend to elicit more positive brand attitudes (e.g. Aaker and Schmitt, 2001; Wang et al., 2000), brand evaluations (Agrawal and Maheswaran, 2005), and attitude toward the ad (Wang and Mowen, 1997) in individuals with chronically accessible interdependent than independent self-views. In addition, Millan and Reynolds (2011) find that being interdependent relates positively to preference for affiliation meaning of clothing. Similarly, Lee and Kacen (2000) report that interdependent self-views are positively associated with group affiliation reasons for buying goods in both impulse and planned purchase scenarios, whereas the independent self-construal is unrelated to this phenomenon in either of the two scenarios. As to the possible mediating role of preference for affiliation symbolism, there is neither theoretical rationale nor empirical evidence to suggest how this construct may relate to actual purchase behavior; thus, it is hard to justify a test of mediation of preference for affiliation meaning on the effect of the interdependent self-construal on actual purchase behavior. In view of this, the following hypothesis is proposed:

H3. The interdependent self-construal will have a positive effect on preference for affiliation meaning of clothing.

2.3.4. Gender covariate

Previous research shows that women tend to have a stronger interdependent self whereas men to have a stronger independent self (e.g. Cross and Madson, 1997; Wang et al., 2000). These findings are in accord with the notion that women's sense of femaleness is commonly associated with communal tendencies and traits such as caring, nurturance, considerateness, and focus on shared goals. Conversely, men's sense of maleness is commonly associated with agentic tendencies and traits such as assertiveness, competitiveness, performance, and focus on individual goals, achievement, and material success (Palan, 2001). What is more, ample evidence suggests that men and women have different views and behaviors toward clothes shopping. For example, women are more interested in and involved with clothing than men (e.g. O’Cass, 2004; Peluchette et al., 2006). Additionally, women tend to be earlier adopters, whereas men to be later adopters of new fashions (e.g. Beaudoin et al., 2003). Women feel stronger urges to buy new clothes more often than men do (Coskuner and Sandikci, 2004), shop more often for clothes (Chen-Yu and Seo, 2002; Mintel, 2010), and spend more on apparel than men (e.g. Mintel, 2011; Peluchette et al., 2006). Although there are no firm grounds as to how gender may relate to clothing's symbolic preferences, women's stronger involvement with clothing, as well as their more developed skills in decoding clothing messages (Auty and Elliott, 1998; McCracken and Roth, 1989), suggests that on the whole they may show stronger preferences for diverse clothing meanings.

3. Methodology

3.1. Procedure

The study is based on a cross-sectional survey. Structured face-to-face interviews were conducted in the Czech Republic by an international market research agency. A quota sampling procedure based on five quota controls (administrative region, locality size, gender, age, and education) was used. Random selection procedures were performed in all but the final stage of participants' selection. The interviews were conducted at 195 sampling points
and 1065 filled-in questionnaires were obtained. The response rate (total interviews as a percentage of total interviews plus refusals) was 60%. Six questionnaires were discarded due to missing data. In total 1059 usable questionnaires were retained for data analysis. The questionnaire was prepared in English and validated by back and parallel (from a third language) translation procedures (Craig and Douglas, 2000). A few changes were made to ensure translation equivalence and good comprehension. A pilot test was run with 15 respondents, which led to minor changes in the wording of a few questions.

Respondents were between 18 and 55 years of age. The upper age limit was set because symbolic/hedonic consumption considerations are generally of lesser importance to older consumers, as well as because on the whole older Czechs have lower incomes and their consumption tends to be focused on essentials. In the sample, 50.3% of the respondents were men and 49.7% women. Respondents’ distribution according to age was 18–24 age group (21.5%), 25–34 age group (29.2%), 35–44 age group (20.4%), and 45–55 age group (28.9%). The sample’s marital status was: single – 28.7%, married – 60.9%, divorced – 8.7%, and widowed – 1.7%. The respondents were distributed in terms of their education level as follows: primary and lower secondary education – 32.6%, upper secondary education – 56.9%, and university education – 10.5%.

3.2. Measures

3.2.1. Independent and mediator variables, and gender covariate

The independent and interdependent self-construals were measured using Singelis’ updated scale (Singelis et al., 1999). Small modifications of a few items were done to make the inventory more comprehensible by the respondents. Preferences for clothing’s self-symbolic, status-symbolic and hedonic meanings were measured partly with items adapted from Mittal’s (1988) expressiveness scale. Three items capture preference for self-expressive meaning, two items tap into hedonic experiences, and six items measure preference for status meaning. A three-item scale based on Bearden et al.’s (1989) items, which tap into referents’ identification through consumption, was used to capture preference for affiliation symbolism. Respondents’ answers were measured on a five-point Likert scale: 1 (strongly disagree) to 5 (strongly agree).

Gender was entered in the analysis as a dummy variable: 0 = male and 1 = female gender.

3.2.2. Dependent variables

Actual purchase behavior was measured using three single-item scales. Frequency of visits to clothing shops to see whether they have received something new was recorded on an eight-point scale: 1 “Several times a week” to 8 “Once in more than a year” (reverse-coded). Frequency of clothing purchases for oneself was recorded on an eight-point scale: 1 (reverse-coded). Frequency of visits to clothing shops to see whether some to be quite conservative and differ substantially from the values were not considerably below the 0.5 threshold, argued by Hair et al. (2006, p. 792). Given that preference for affiliation meaning is an important aspect of symbolic consumption, that its reliability score is above 0.5, as well as the lack of identification problems during model estimation, we decided to retain this construct for further analysis. Nonetheless, some caution needs to be exercised when interpreting the study findings related to preference for clothing affiliation symbolism. The average variance extracted (AVE) statistics for the independent self and preference for self-expressive/hedonic meanings were above 0.5 (0.56 and 0.58, respectively), whereas for the interdependent self and preferences for status and affiliation meanings were 0.46, 0.45, and 0.40, respectively (see Fornell and Larcker, 1981). The latter AVE values are not considerably below the 0.5 threshold, argued by some to be quite conservative and difficult to attain by many studies (e.g. Hatcher, 1994, p. 331). Additionally, all AVE statistics were higher than the square of the correlations between any two latent constructs. Hence, support for the convergent and discriminant validity of the constructs was found (Hair et al., 2006). Constructs’ means, standard deviations, and Pearson correlations are presented in Table 1.

Table 1

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<thead>
<tr>
<th>Constructs</th>
<th>Mean</th>
<th>SD</th>
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<th>5</th>
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<td>1. Independent self</td>
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<td>4. Preference for status meaning</td>
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<td>0.125**</td>
<td>0.033</td>
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<td>5. Preference for affiliation meaning</td>
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<td>0.116**</td>
<td>0.030</td>
<td>0.141**</td>
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<tr>
<td>6. Frequency of shops’ visits to see new arrivals</td>
<td>4.760</td>
<td>0.757</td>
<td>0.012</td>
<td>0.092</td>
<td>0.296**</td>
<td>0.420**</td>
<td>1</td>
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<tr>
<td>7. Frequency of clothing purchases</td>
<td>5.797</td>
<td>0.597</td>
<td>0.107**</td>
<td>0.041</td>
<td>0.258**</td>
<td>0.438**</td>
<td>1</td>
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<tr>
<td>8. Money spent on clothing (Kc)</td>
<td>3.546</td>
<td>1.814</td>
<td>0.302**</td>
<td>0.041</td>
<td>0.258**</td>
<td>0.438**</td>
<td>1</td>
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*a Correlation is significant at the 0.01 level (2-tailed).
**Correlation is significant at the 0.001 level (2-tailed).
4. Study results

The Structural Equation Model including all hypothesized effects (see Fig. 1), as well as the remaining paths for which no hypotheses were raised, was estimated using AMOS 21. To test the mediating role of preferences for self-expressive/hedonic and status meanings, a bootstrap method was used (Hayes, 2009; Zhao et al., 2010; Rucker et al., 2011). Specifically, 1000 bootstrap samples with bias-corrected confidence intervals set at 95% were used to assess the significance of the effects (both hypothesized and unanticipated) of the independent and interdependent self-constructs. All mediation tests were two-tailed. The fit of the model was satisfactory: chi²/df = 4.664, GFI = 0.924, CFI = 0.908, RMSEA = 0.059. The standardized regression coefficients are provided in Table 2.

H1 posits that more independent consumers show a stronger preference for the self-expressive/hedonic meanings of clothing and that such preference leads to more frequent visits to clothing shops, more frequent purchases, and more money spent on shopping. Indeed, the independent self had a significant positive effect on preference for self-expressive/hedonic meanings of clothing ($\beta = 0.192, p < 0.01$). However, at odds with prior expectations, preference for self-expressive/hedonic meanings did not have a significant effect on frequency of visits to clothing shops ($\beta = 0.054, p = 0.39$), frequency of clothing purchases ($\beta = -0.003, p = 0.99$), and money spent on clothing ($\beta = -0.063, p = 0.33$). In order to test the hypothesized mediated effects of the independent self through preference for self-expressive/hedonic meanings of clothing, we used a bootstrap method (Hayes, 2009; Zhao et al., 2010). Specifying mediators for self-construals and consumer preferences for symbolic and hedonic meanings of clothing, a mediation model was set forth: frequency of visits to clothing shops ($I_{st} = 0.026$, $p < 0.01$); frequency of clothing purchases ($I_{st} = 0.017$, $p < 0.05$).

According to H2, the independent self has a positive effect on preference for status meaning of clothing, which on its part has a positive effect on frequency of visits to clothing shops, frequency of clothing purchases, and money spent on clothing. Consistent with this notion, the independent self had a significant positive effect on preference for status symbolism ($\beta = 0.175, p < 0.01$), and the latter had a significant positive effect on frequency of visits to clothing shops ($\beta = 0.445, p < 0.01$), frequency of clothing purchases ($\beta = 0.471, p < 0.01$), and money spent on clothing ($\beta = 0.539, p < 0.01$). The mediation tests, which followed the same approach as for H1, confirmed the hypothesized indirect effects of the independent self on all three aspects of actual purchase behavior: frequency of visits to clothing shops ($I_{st} = 0.047, p < 0.05$), frequency of clothing purchases ($I_{st} = 0.052, p < 0.05$), and money spent on clothing ($I_{st} = 0.059, p < 0.05$). Thus, H2 is fully supported. In this mediation model, the independent self had significant direct effects on frequency of visits to clothing shops ($\beta = -0.145, p < 0.01$) and frequency of clothing purchases ($\beta = -0.12, p < 0.01$), and a non-significant direct effect on money spent on clothing ($\beta = 0.024, p = 0.56$). This evidence suggests the presence of competitive mediation on frequency of visits to clothing shops and frequency of clothing purchases, and indirect-only mediation on money spent on clothing (see Zhao et al., 2010).

Table 2
Bootstrap estimates of the effects of the independent/interdependent self-constructs and consumer preferences for symbolic and hedonic meanings of clothing on actual purchase behavior (Beta coefficients and significance).

<table>
<thead>
<tr>
<th>Estimated path</th>
<th>Beta</th>
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<td>Preference for self-expressive/hedonic meanings</td>
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<td>Money spent on clothing</td>
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The lack of support for H1 was mainly due to suppression caused by the significant positive correlation between preferences for self-expressive/hedonic and status meanings. This link is logical given that rarity, high price, and esthetic properties of up-market goods make them rather suitable for expressing diverse aspects of one’s self; not surprisingly, its estimation resulted in improved model fit. After deleting the covariance between these two constructs and estimating the indirect effect of the independent self through preference for self-expressive/hedonic meanings, two of the three hypothesized indirect effects of the independent self were confirmed: frequency of visits to clothing shops ($I_{st} = 0.026$, $p < 0.01$); frequency of clothing purchases ($I_{st} = 0.017$, $p < 0.05$).
However, in line with Rucker et al.'s (2011) argument about the potential problems of using terms such as ‘partial’ or ‘full’ mediation (e.g. evidence of full mediation can preclude the search for other potent mediators on the studied relationships), these two terms for mediation effects will not be used in the discussion that follows below.

Regarding the relationship between the interdependent self and preference for status meaning, the full model estimates indicated that this self-construal had a non-significant effect ($\beta = -0.014$, $p = 0.73$). However, in the mediation model, where the paths between the interdependent self and preferences for self-expressive/hedonic and affiliation meanings were deleted, this effect of the interdependent self became significant ($\beta = -0.231$, $p < 0.01$). The indirect effects’ estimates of the mediation model indicated that the interdependent self had a significant negative influence on actual purchase behavior through preference for status meaning: frequency of visits to clothing shops ($I_{\text{stand}} = -1.04$, $p < 0.01$); frequency of clothing purchases ($I_{\text{stand}} = -0.111$, $p < 0.01$); money spent on clothing ($I_{\text{stand}} = -0.127$, $p < 0.01$). In addition, the direct effect of the interdependent self on frequency of clothing purchases was significant ($\beta = 0.111$, $p < 0.05$), but not on frequency of visits to clothing shops ($\beta = 0.068$, $p = 0.14$) and money spent on clothing ($\beta = 0.052$, $p = 0.26$).

According to H3, the interdependent self has a positive effect on preference for affiliation meaning of clothing. Although the sign of the regression coefficient was in the hypothesized direction, it was not significant ($\beta = 0.081$, $p = 0.33$). Hence, H3 was not supported. In an exploratory fashion, this study found a consistent pattern of negative effects of preference for clothing affiliation symbolism on frequency of visits to clothing shops ($\beta = -0.029$, $p = 0.42$); frequency of clothing purchases ($\beta = -0.098$, $p < 0.05$), and money spent on clothing ($\beta = -0.050$, $p < 0.05$). The mediation model estimates revealed that the indirect effects of the interdependent self through affiliation meaning on all three dependent variables were not significant: frequency of visits to clothing shops ($I_{\text{stand}} = -0.003$, $p = 0.24$); frequency of clothing purchases ($I_{\text{stand}} = -0.010$, $p = 0.09$); money spent on clothing ($I_{\text{stand}} = -0.009$, $p = 0.10$). These results indicate a lack of mediation on the part of preference for affiliation symbolism. However, two other significant mediation effects of preference for affiliation meaning were found in an additional exploratory mediation analysis, namely, on the effects of the independent self on frequency of clothing purchases ($I_{\text{stand}} = 0.029$, $p < 0.01$) and money spent on clothing ($I_{\text{stand}} = 0.026$, $p < 0.05$). Besides, the direct effect of the independent self on frequency of clothing purchases was negative and significant ($\beta = -0.119$, $p < 0.01$), whereas on money spent on clothing was not significant ($\beta = -0.001$, $p = 0.98$).

Regarding the effects of the gender covariate, as expected female consumers were more interdependent ($\beta = 0.102$, $p < 0.05$), less independent ($\beta = -0.073$, $p < 0.05$), showed stronger preferences for self-expressive/hedonic ($\beta = 0.152$, $p < 0.01$) and status meanings ($\beta = 0.154$, $p < 0.01$), visited more frequently clothing shops to see the new arrivals ($\beta = 0.374$, $p < 0.01$), and made more frequent clothing purchases ($\beta = 0.213$, $p < 0.01$) than their male counterparts. However, gender did not have a significant effect on preference for affiliation meaning ($\beta = -0.068$, $p = 0.08$), as well as on money spent on clothing ($\beta = -0.009$, $p = 0.78$).

5. Discussion

This study explores the mechanisms of influence of the independent and interdependent self-construals on actual purchase behavior of clothing artifacts. The conceptual model considers the mediating role of preferences for self-expressive/hedonic and status meanings on the effects of the independent and interdependent self-construals on frequency of visits to clothing shops, frequency of clothing purchases, and money spent on clothing. The findings indicate that consumers with a dominant independent self-construal make a greater use of the self and status-symbolic and hedonic resources of clothing artifacts in the construction, expression, and enhancement of their unique identities. Besides, status and differentiation (i.e. avoiding clothes already in possession of important others) are the main drivers of their more frequent visits to clothing shops to see the new arrivals and to make purchases. The fact that most effects (both direct and indirect) of the independent self-construal are significant suggests that this type of consumers have well-defined individual and shopping goals, know what they would like to achieve with their purchases and instrumentally use them to reach desired end-states. This finding also underscores the high potential of the independent self-construal as a market segmentation variable.

As to consumers with a dominant interdependent self-construal, unexpectedly, they appear not to be interested in the affiliation meaning of clothing, and the latter does not mediate this self-construal’s effects on actual purchase behavior. Having said this, the relatively weak reliability of the preference for affiliation symbolism scale might have some impact on this unanticipated finding. In addition, interdependents tend to shun status conveying clothing artifacts and, consequently, they are less active clothing consumers. This finding, together with the one for the independent consumers, underscores the high importance of status preferences in the consumption sphere. Interestingly, interdependents’ clothing acquisitions are found here to be motivated to some extent by self-expression considerations. What is more, all but one direct effects of this self-construal are not significant. These findings together suggest that interdependent individuals are less active consumers and thus constitute a less attractive market segment.

Our findings also indicate that the different meanings interact with each other, with preference for clothing status symbolism permeating consumer preferences for self-expressive/hedonic and affiliation meanings.

5.1. Independent and interdependent self-construals, preference for self-expressive and hedonic meanings, and actual purchase behavior

Consistent with Markus and Kitayama’s self-construals theory, the thesis about the positivity of one’s independent self and the need for its self-expression, as well as previous research (e.g. Millan and Reynolds, 2011), this study found that independent consumers tend to draw on clothing self-expressive imagery, as well on its potential to engender inner enjoyment. Additionally, in line with prior expectation derived mainly from the variety seeking (e.g. Herrmann and Heitmann, 2006; Kim and Drolet, 2003) and hedonic shopping literature (e.g. Millan and Howard, 2007), preference for self-expressive and hedonic meanings of clothing has significant positive effects on frequency of visits to clothing shops to see the new arrivals and frequency of clothing purchases, although not on the amount of money spent on clothing. However, these significant effects become suppressed after controlling for the shared variance between preference for self-expression/hedonism and preference for status symbolism. This study’s results indicate that the process of identity construction, expression and enhancement through consumption is also motivated by a desire to distance oneself from others’ clothing choices by deliberately avoiding the attire worn by those others, no matter how close or important they may be.

A positive relationship that emerged in the analysis, but was not anticipated, concerns the interdependent self-construal and preference for self-expressive and hedonic clothing. Given their main focus on others rather than on oneself, why would interdependents be
interested in clothing which expresses their identity, is compatible with the image they have of themselves, and engenders positive feelings? Although a similar finding is reported by Lee and Kacen (2000), this outcome is somewhat unanticipated. There are a few possible explanations. To begin with, given the modern societies’ appreciation of individuality, for image management purposes interdependents may also desire to show some degree of uniqueness through their clothing choices. For them, the projection of such socially attractive image may be instrumental for group acceptance and approval. Next, interdependents may view their clothes, no matter how plain or modest they might be, as an expression of who they are and how they feel. Plainer clothing styles are a potent means for expression of thrift, frugality, and modesty values, which appear to be held in high regard by individuals with dominant interdependent self-construals (see Oishi et al., 1998). Finally, interdependents’ self-expression through clothing consumption may also be fueled by past suppression of their individuality manifestation, which could be due to reasons such as lack of freedom of choice and access to value-expressive goods. The latter is particularly pertinent to this study’s respondents, who under the socialist system experienced shortages of goods, including limited clothing assortment. Given the suppression of individuality under communist rule, including its expression through consumption, the new market realities now offer the freedom of choice that interdependent consumers desire to express themselves via clothing artifacts. What is more, the proliferation of Western style advertising in the Czech media space after 1989 (see Millan and Mittal, 2010), typically portraying attractive ways of life and identities embedded in individualist Western cultural representations, feeds an admiration and a desire for emulation without too much thought and adequate integration into existing self-schemas (see Clark et al., 2002; Ger and Belk, 1996).

5.2. Independent and interdependent self-construals, preference for status meaning, and actual purchase behavior

This research found that independent individuals show a stronger preference for status clothing. This finding provides support for the notion that independents tend to use status brands to satisfy their needs for uniqueness/distinction and personal achievement, as well as to gain more independence through achieved higher status. Also, as expected, consumer preference for status meaning results in more frequent shopping trips, more frequent purchases, and more money spent on clothing. Hence, consumers with a dominant independent self-construal tend to be more interested in the status symbolism of clothing, and this interest has a downstream effect on all studied actual purchase phenomena.

As to the effect of the interdependent self-construal on preference for clothing status symbolism, this study found a significant negative relationship. This finding provides support for the arguments in the literature, according to which interdependents’ need for harmonious relationships undisturbed by challenges to the existing status quo, coupled with their values of thrift, frugality, modesty and ‘following the middle way’, as well as with deeply rooted habits of utilitarian consumption, will lead to a lack of or a negative interest in status consumption. What is more, aversion to status markers seems to be an important factor that curbs their clothing shopping behavior.

5.3. Interdependent self-construal and preference for affiliation meaning

Counter to prior expectation derived from Markus and Kitayama’s (1991) self-construal theory and empirical evidence (e.g. Lee and Kacen, 2000), this study found that interdependent individuals are indifferent to the affiliation symbolism of clothing. A likely explanation relates to the generally poor choice of clothing under socialism, which resulted in forced conformity in dress, and the radical changes in the market landscape after the introduction of market reforms in 1989, which provided the symbolic resources to break away from the socialist ‘esthetics of sameness’ (Bettes, 2000, p. 754). Now consumers have the opportunity to ‘take revenge’ for the imposed conformity and simplicity in their dress prior to 1989 (see Young, 2007). Related to this finding, preference for affiliation meaning did not mediate the relationships of the interdependent self-construal with the studied purchase behavior phenomena.

Another interesting but unanticipated finding is that a stronger preference for affiliation meaning tends to lead to weaker clothing-related consumption practices in terms of less frequent clothing purchases and less money spent on clothing. These effects suggest that seeking affiliation through clothing is likely to be driven by prevention rather than promotion strategies.

Finally, the confirmed hypothesized effects indicate the usefulness of the theories underlying the development of this study’s model for explaining consumers’ symbolic and hedonic preferences and actual clothing consumption in general, and in the context of the Czech Republic in particular. The national-cultural specifics for explaining some of the study’s results indicate that they can provide additional insights into the researched phenomena and, therefore, should not be ignored.

6. Managerial and research implications

The study’s findings have some managerial implications. Specifically, they underscore the usefulness of the independent and interdependent self-construals for explaining actual clothing consumption and for segmenting consumer markets. Independent consumers appear to be an attractive segment for status, self-expressive and hedonically appealing clothing artifacts. Hence, advertising stimuli employing independence, distinctiveness, personal status, individual achievement, and self-enhancement themes are likely to be particularly effective among this type of consumers. In their efforts to create and/or reinforce distinctive brand images, marketers need to focus on symbolic brand attributes such as reputable brand name, fashionable styles, esteemed brand images, marketers need to pay particular attention to store design and atmospherics, as well as to service quality. More frequent introduction of new merchandise and the creation of a vibrant and varying store environment are likely to engender novel and positive in-store experiences, appealing to consumers with a dominant independent self-construal, and thus to motivate more frequent store visits and possibly purchases. This recommendation is particularly relevant for more individualist societies, where consumers with dominant independent self-construals constitute a sizable market.

As far as interdependent consumers are concerned, this study’s findings indicate that they tend to be less active consumers, at least as far as clothing consumption is concerned. The finding that preference for status symbolism mediates the effect of the interdependent self-construal indicates that attempts to raise status consciousness among interdependent consumers in a group context may have some potential to stimulate clothing purchases. For example, marketing communications emphasizing the enhancement of one’s in-group reputation, warm-hearted acceptance and high appreciation are likely to strike a chord with the interdependents. As self-expression emerged as a motivator of their clothing choices, adverts emphasizing self-expressive themes that are pertinent to this type of consumers and their shared value priorities may attract their attention and create positive brand attitudes. Continuing small scale
in-store promotions could be used to stimulate interest and to act as a draw to the shops, which could possibly result in more frequent visits and purchases. Important others are a source of informational and normative social influences on interdependents’ decision-making and actual purchases, and the former are likely to accompany the latter during a shopping trip. Thus, sales efforts can be focused on both the buyers and their companions. On the whole, marketers would need to allocate more marketing efforts and resources should they wish to attract the attention and win the custom of this consumer segment. This advice is more pertinent to collectivist societies, where the majority of consumers have dominant interdependent self-construals.

The results of this study suggest some possible directions for future research. To start with, as no previous study of which we are aware has considered consumer preferences for symbolic and hedonic meanings as mediators of the effects of the independent and interdependent self-construals on actual purchase behavior, more research is needed to test further the validity of the study’s findings. Second, the link between the interdependent self-construal and preference for clothing affiliation symbolism appears to be more complex than initially anticipated. The non-confirmed effect of the interdependent self-construal on this symbolic meaning preference needs to be further examined with a more reliable measure of the latter construct. Third, in view of the competing theoretical explanations for and divergent evidence on the relationship between the interdependent self-construal and preference for status goods, additional research could establish whether this relationship holds for other status goods and in other cultural contexts. Fourth, the inconsistencies between collectivist values and the motivational underpinning of self-expressive consumer behavior, and the significant positive effect of the interdependent self-construal on preference for self-expressive and hedonic meanings of clothing discovered here, indicate the need for further research to unpack this relationship. Fifth, the finding that self-expressive and hedonic tendencies did not result in more money spent on clothing (and which was counter to our hypothesis) needs to be explored in different cultural contexts (e.g. notably individualist settings, notably collectivist, and a mixture of both), which might also be characterized by different shopping environments, such as more leisure/entertainment oriented vs. more utilitarian/task oriented ones. And finally, as the way the independent and interdependent self-construals interact with actual purchase behavior has important managerial implications, additional studies on the significance of this dual self-construal in explaining actual consumption of other product categories are warranted.

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References
